

Every move counts



Move Together

CHALLENGE

3 AUGUST –
13 SEPTEMBER 2026

LOG YOUR
STEPS NOW >>



10000steps.org.au

1

Sign up or login to 10,000 Steps

2

Add steps your way, sync a tracker or enter manually

3

Connect with others to stay motivated

Queensland members are automatically included in the Challenge. Simply log your steps and you're taking part.



CQUniversity
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health+
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Queensland



Queensland
Government